



# Salina Regional Health Center

This Implementation Strategy for 2023 summarizes Salina Regional Health Center's plans to address the prioritized needs from the 2022 Community Health Needs Assessment. The hospital recognizes that the implementation strategies in this report are to be used as a guide and will serve as a framework in addressing the identified needs. As the hospital moves forward, many resources, on-going commitments and partnerships will be necessary to effectively assist in creating healthier communities in Saline County and the surrounding area.

## Saline County Community Health Needs:

1. Aging Population
2. Cancer
3. Death Rate Due to Drug Poisoning
4. Diabetes
5. Depression/Mental Health
6. Domestic Violence
7. Heart Disease Related Indicators
8. Immunizations
9. Obesity (Child and Adult)
10. Pregnancy Related Indicators
11. Sexually Transmitted Disease Rate
12. Smoking, % of Adults Who Currently Smoke
13. Stroke
14. Trauma/Falls

## **Aging Population**

The Meds to Bed program: One of the main goals with Meds program is enhanced education on medication at discharge.

The SRHC Rehab will educate the community thru a series of talks and workshops throughout the aging community on Fall Prevention. Falls among the elderly will be one of the primary topics of SRHC for the 2023 Sunflower Fair, which is a health and wellness event for individuals with disabilities, seniors, and caregivers. The fair will also include the SRHC rehab dept. doing fall risk assessments for participants and two breakout sessions on fall prevention and fall injury recovery. SRHC will also be the major sponsor of the entire Sunflower fair (Senior Fair).

Continue support of area nursing and medical degree colleges thru internship, job shadowing and nursing rotations. The number of student hours for nursing and specialty tech hours at Salina Regional Health Center is between 40,000 and 60,000 per year.

## **Cancer**

Our comprehensive cancer program holds the prestigious cancer program approval by the American College of Surgeons Commission on Cancer and the American College of Radiation Oncology. In addition, the Tammy Walker Cancer Center is affiliated with the renowned Midwest Cancer Alliance, increasing access to the latest cancer treatment discoveries through a wide variety of clinical research studies.

Maintain cancer services including, Oncology and Radiation Oncology. Support services include Nutrition Counseling, Appearance Center, Spiritual support, and Cancer Registry.

The Tammy Walker Cancer Center will have several Cancer screening events throughout the year (Prostate, Skin, Breast and Colon).

Raise awareness and funds with support of Cancer Survivor Day and Fe For a Cure.

## **Death Rate Due to Drug Poisoning**

SRHC will support Central Kansas Foundation in their recruiting efforts and as the primary source for drug and alcohol treatment in our region.

## **Diabetes**

The Salina Regional Endocrinology Clinic is led by board-certified endocrinologist Dr. Richard Gomendoza.

Continue the Diabetes Support Group program with pharmacy, dietary, and organizational development.

## **Depression/Mental Health**

Veridian Behavioral Health is a multi-disciplinary center offering dedicated quality mental health care. Veridian is part of the behavioral health department of Salina Regional Health Center.

As part of SRHC, we offer a full continuum of care for Central Kansas.

Many of Veridian's services are geared toward individuals and families who are struggling with common life problems such as depression, anxiety, marital problems, parent-child conflicts or grief and loss. Our services are provided in a convenient and comfortable, private office setting.

Veridian psychiatrists provide direct care in an office setting while actively serving in various settings, such as intensive outpatient care, inpatient care in Salina Regional Health Center and in nursing homes.

## **Heart Disease Related Indicators**

The American College of Cardiology has awarded Salina Regional Health Center with Chest Pain Center with Primary PCI Accreditation since 2018. The accreditation validates the staff's ability to evaluate, diagnose and treat patients who may be experiencing a heart attack.

This national accreditation demonstrates Salina Regional Health Center's commitment to always being ready to treat patients with heart attack. It shows that we have the advanced skills to provide effective chest pain care. It is possible many of our heart attack patients might be treated without emergency surgery with a procedure called percutaneous coronary intervention, (PCI).

The Chest Pain Center will participate in the 2023 Sunflower Fair with education on chest pain and demonstrations of hands only CPR.

SRHC Stroke Trauma and Chest Pain departments will also seek out additional education opportunities with the public through social media posts that will be sent out quarterly, focusing on Critical Diagnoses, Stroke, Chest Pain and Trauma.

## **Obesity (Child and Adult)**

Continue support and funding of the School Marathon program.

Salina Regional Health Foundation continues maintenance and upkeep for the Center Street Park. The park is designed for children of all abilities and disabilities. The inclusive playground area is multi-generational and includes a quarter mile walking/jogging path around the playground. In addition, various pieces of adult outdoor exercise equipment are located in and around the playground area.

## **Pregnancy Related Indicators**

Continue the “Becoming a Mom Program” which is a joint effort between SRHC and the Saline County Health Department.

## **Smoking, Percentage of Adults Who Currently Smoke**

Continue with smoking cessation classes.

## **Stroke**

Continue exceptional stroke care and maintain our designation as a Primary Stroke Center.

A dedicated stroke response team is called to the Emergency Department or Inpatient Unit whenever stroke is suspected. Members of the team include physicians, nurses, radiology staff, pharmacists and lab personnel who all have received specialized training to provide stroke care. The stroke team can be activated from the field by emergency responders to ensure that the team is ready to receive and treat the patient the moment they arrive at Salina Regional Health Center.

A significant portion of the Primary Stroke Center Certification revolves around staff education and performance improvement. All response efforts are closely tracked, analyzed and reviewed to create a culture of performance improvement.

Public education also is key to improving stroke outcomes. As an initiative to educate the public on stroke recognition and how to respond, the acronym FAST is often used: Facial drooping, Arm weakness, Speech difficulties and Time to call emergency services. Salina Regional has

distributed educational cards in the past and plans to continue educating the public on stroke recognition. Social media posts regarding education on each area of Critical Diagnoses: Stroke, Chest Pain and Trauma will be posted at least once per quarter.

SRHC will participate in the 2023 Sunflower Fair promoting stroke warning signs, CPR information (hands only CPR instruction), Chest pain/Early Heart attack information and fall prevention. SRHC Stroke Trauma and Chest Pain departments will also seek out additional education opportunities with the public through social media posts that will be sent out quarterly, focusing on Critical Diagnoses; Stroke, Chest Pain and Trauma.

## **Trauma/Falls**

Salina Regional Health Center is a Level III Trauma Center, providing specialized care for patients with serious or life-threatening injuries. Our state-of-the-art facilities include a 26-bed Emergency Department with four trauma/cardiac event suites, 18-bed Intensive Care Unit and eight operating rooms.

Trauma patients are brought to Salina Regional Health Center by ground and air ambulances from across north central Kansas.

Our American College of Surgeons verified Level III trauma center offers 24-hour coverage by a designated trauma team. The core team is made up of a trauma surgeon and an emergency department physician; ICU, surgical and emergency department nurses; and staff from radiology, laboratory, blood bank, respiratory care, security and chaplaincy.

The SRHC Rehabilitation Department will educate the community thru a series of talks and workshops throughout the community. Falls among the elderly will be a priority topic of SRHC for the 2023 Sunflower Fair, which is the heartland's premier annual health and wellness event for individuals with disabilities, seniors, and caregivers. The fair will also include the SRHC rehab dept. doing fall risk assessments for participants. SRHC will participate in the 2023 Sunflower Fair promoting stroke warning signs, CPR information (hands only CPR instruction), Chest pain/Early Heart attack information and fall prevention. SRHC Critical Diagnoses, Stroke, Trauma and Chest Pain departments will also seek out additional education opportunities with the public throughout the year.

Salina Regional Health Center plays an integral role in the region and statewide trauma councils.

SRHC Stroke Trauma and Chest Pain departments will also seek out additional education opportunities with the public through social media posts that will be sent out quarterly, focusing on Critical Diagnoses; Stroke, Chest Pain and Trauma.